

Applicando il cambiamento di variabile

$$\iint_I xy \, dx dy = \iint_K \rho \cos \vartheta \rho \sin \vartheta \rho \cdot d\rho d\vartheta = \iint_K \rho^3 \cos \vartheta \sin \vartheta \cdot d\rho d\vartheta =$$

\uparrow
 $\sin 2\vartheta = 2 \sin \vartheta \cos \vartheta$

$$= \frac{1}{2} \iint_K \rho^3 \sin(2\vartheta) \, d\rho d\vartheta = \frac{1}{4} \iint_K \rho^3 2 \sin(2\vartheta) \, d\rho d\vartheta =$$

$$= + \frac{1}{4} \int_0^1 d\rho \int_{\frac{3\pi}{4}}^{\pi} \rho^3 2 \sin(2\vartheta) \, d\vartheta = -\frac{1}{4} \left(\int_0^1 \rho^3 (\cos(2\vartheta)) \Big|_{\frac{3\pi}{4}}^{\pi} d\rho \right) =$$

$$= -\frac{1}{4} \int_0^1 \rho^3 \left(\underbrace{\cos \frac{2\pi}{1}}_1 - \underbrace{\cos \frac{3\pi}{2}}_0 \right) d\rho = -\frac{1}{4} \int_0^1 \rho^3 d\rho = -\frac{1}{4} \left[\frac{\rho^4}{4} \Big|_0^1 \right] =$$

$$= -\frac{1}{16}$$