

Consider

$$0 \leq \frac{(xy)^2}{x^2+y^2} \leq \frac{1}{2} \frac{x^4+y^4}{x^2+y^2} \leq \frac{1}{2} \frac{x^4+2x^2y^2+y^4}{x^2+y^2} = \frac{1}{2} \frac{(x^2+y^2)^2}{x^2+y^2} = \frac{x^2+y^2}{2}$$

$(x,y) \rightarrow (0,0)$
 \downarrow
 0

$$0 \leq (x^2-y^2)^2 = x^4 - 2x^2y^2 + y^4$$

$(x,y) \rightarrow (0,0)$
 \downarrow
 0

$$\Rightarrow \lim_{(x,y) \rightarrow (0,0)} \frac{(xy)^2}{x^2+y^2} = 0$$

Quindi

$$\lim_{(x,y) \rightarrow (0,0)} f(x,y) = \lim_{(x,y) \rightarrow (0,0)} \frac{1 - \cos(xy)}{(xy)^2} \cdot \frac{(xy)^2}{x^2+y^2} = 0$$